The Window

On a journey with the living Christ; connecting with God, others, and the world.

February 2021

KEEP THE FAITH by Carolyn Grice, Temporary Associate Pastor

Well, it's here again. Black History Month. There may be some that wonder why do we have to celebrate these months for different races and women, etc. I ask, why not? As an educator I relish in the fact that we must take time to educate every opportunity provided us. We can never learn too much!!!

For example, in Black history there are notable scientific achievements and inventions that would have never been known had it not been for a concerted effort to bring them to light. IF you challenge that notion, I ask you to think back to what you learned about Black history when you were in elementary school through high school.

We know that Black history occurs year-round, but we take time to celebrate it in February to bring attention to various aspects that have impacted American life as we know it.

A few years ago, I did a presentation on African American leaders in the PCUSA, and their impact on the denomination. One of them was the **Rev.** Jimmy Costen, who was a long-time president of Johnson C. Smith Seminary in Atlanta. He got his start in my home church of Calvin Memorial Presbyterian Church here in Omaha. He tried to recruit me to go there when I first shared I was interested in attending seminary. He was also the moderator of the General Assembly when it voted to merge in 1983.

Another person who had significant impact on my life was **Rev. Dr. Clint March**. He was elected moderator of the General Assembly when it was held in Omaha in 1973. He didn't start out in Omaha but moved here because of denomination responsibilities. His wife was a member of Calvin. He was awesome and one of my heroes!!!

I want to share a powerful benediction he wrote. You will hear me use it from time to time.

And now, I am supposed to say to you, "Go in peace." But how can I say, "Go in peace," when you are going out into a world where you are insecure, whether at home or on your neighborhood street? Out into a world where race is set against race and ethnic cleansing is a name for genocide? Out into a world where people are hungry and homeless, while their governments squander billions of dollars. Out into a world where every night millions of mothers watch their children sink into a hungry slumber, only to awaken (if they awaken) to another hungry tomorrow? With a world like that out there, how can I say to you, "Go in peace?" But I dare to say, "Go in peace," because Jesus says, "I give you my peace." But - remember -He who says, "I give you my peace" also says, "If you would be my disciple, and thereby, have my peace, take up your cross and follow me!" So, I dare to say, "Go in peace!" -- if you dare!

My friends, keep the faith and always have the confidence to trust in God. Amen.

Welcome New Elders, Deacons & Nominating Team Members

Introducing the newly elected Elders, Deacons and Nominating Team Members to the next leadership term along with the current leaders in their ministry area.

INCOMING DEACONS



Ginny Jansen

Caregiving Ambassador



Sheryl Overby **Groups**



Deb Johnson

Practical Needs



Laura Meyers
Stephen Minister

CURRENT DEACONS					
Cheryl Havekost	Candy Glasgow	Mary Turner	Bill Spiecker		
Connie Huck	Mary Jirak	Myrtle Heise	Cathy Voshell		

INCOMING ELDERS



Karen Lofgren-Anderson Caregiving



Mike Overby Finance



Paul Bates Youth



Rick Mason

Spiritual Formation

CURRENT ELDERS					
Building & Grounds	Don Glasgow	Music & Worship	Dan O'Reilly		
Children's	Beth Anderson	Nominating	Peggy Kelley		
Membership	Linda Schuchmann	Personnel	Gary Anders		
Mission	Steve Burgess	Stewardship	Matt Huck		

NOMINATING TEAM MEMBERS					
Lisa Backer	Chris Neil	Ed Leach	Trink Traudt		

February At A Glance

At West Hills our mission statement...On a journey with the living Christ; connecting with God, others and the world, provides us with the framework for how we live our lives. Even though life is different now, and we're connecting in new and different ways, here are notable dates this month in the life of our church.

Sundays in February - Livestreaming and in-person worship service @ 10 a.m. For those who won't be joining in-person, you can go to the website to connect by livestream! **whcomaha.org/live**

Celebrating Black History Month - some suggested weekly activities on pages 6-7

February 11 - "Following Jesus: Finding Our Way Home in an Age of Anxiety" book study begins on Zoom for six sessions. The group will meet on Thursdays from 7-8 p.m. Contact Kevin Gibson at kevin@whcomaha.org or call/text 816-517-827O to join the discussion.

Week of February 14 - Pick-up your resource for Lent, a Lenten Jar from the church on Sunday morning or between 9 am-4 pm at the north doors. See the website to sign-up or click here.

February 17 - Ash Wednesday Service (recorded) - A confirmation class-led service with music from the 406 Youth Band. The video will be available on the website Feb. 17.

February 18 - Sloppy Joe Ministry Drop Off at the church. Come between 10-2 to the north circle drive and drop your cooked sloppy joe meat and buns in the bins located outside. Thank you!

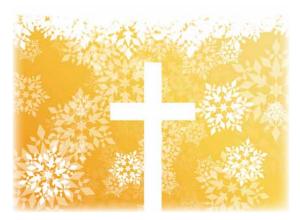
February 19-21 - Women's Silent Retreat - St. Benedict Center in Schyler, NE

February 20 - Pickleball 101 - A 60 min. small group, instructed lesson on the game of pickleball. The cost is \$10 per person with a maximum of 4 people per lesson. Contact Kevin Gibson to register kevin@whcomaha.org or call/text 816-517-8270.

February 27 - FAB FEB FUN - A variety-filled night on Zoom at 6 pm with trivia, games, special music, questionable lies and so much more! Email info@whcomaha.org for the Zoom link

ASH WEDNESDAY SERVICE

JANUARY Session notes



As is tradition at West Hills, the Confirmation class will be leading the **Ash Wednesday service on Wednesday, February 17**. The service will be prerecorded and available on the website: whcomaha.org, to watch at your convenience on February 17.

The Confirmation class picked the theme for this service, and it will be "Winter in the Mountains." There will be an interactive part of the service with paper snowflakes. (More info on that to come).

Luke Burns will be preaching the message and the title of the sermon is "A Call to True Worship" from two minor prophets, Micah and Amos.

The 406 Band will be providing all the music as well! Mark your calendar now to watch this service as it leads us into the Lenten season.

SPIRITUAL CORRESPONDENCE by Jana Prescott



"The God of the mountain" (part of a song from KLOV) is the same God of every plain...of every street...of every yard...of each one of us! The God we all love as we continue our journey to follow where Christ is leading us. Do I have any ideas of where

He is leading me? Do you? I'm not very good at saying "thank You" for giving me this plan or that plan, but I know He is leading me where He can use me, and I just say "thank You" because I am sure that I'm following the direction He gave me. Does that sound like a familiar way to be used by any of you? Keep following the path He gave you: your mountain...your plain...your street...your yard...your heart! And He will be right by your side!

 Session received updates on the follow-ups the Elders completed with members who wrote to session regarding the Thursday Thoughts and Sermon from the second week of January.

The Session Approved the following motions:

- to invite the congregation to a day of prayer and fasting one meal together.
- the Spiritual Formation and Discipleship
 Team will work toward the creation of
 discussion forums that help the congregation
 productively address pertinent issues. The
 SF&D Team will report back to Session in
 February.
- at the request of the nursery assistants and recommendation of the Personnel Team, WHC will suspend the practice of paying the nursery assistants regardless of hours worked during the pandemic. Nursery assistants will now only be paid for hours worked.
- to approve the budget for 2021.
- to postpone the vote for West Hills to become a Matthew 25 Church until the new Elders are installed in February.
- to approve the 2021 Communion Dates
- to call a Congregational Meeting for January 31, 2021 at 6:30PM

The following motion failed:

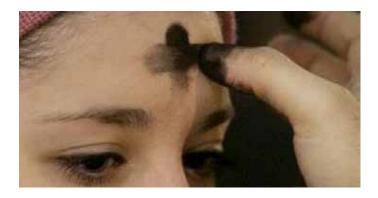
to accept donations given for a designated purpose

To contact Session,
send an email to:
clerkofsession@whcomaha.org

LEANING INTO LENT WITH KIDS by Jessica Scheopner, Dir. of Family Ministries

Why do people have black on their foreheads?

Spiritual journeys often begin with questions, and parents are in the perfect position to capture these teachable moments with our children and teens. We don't need to have all the answers – a willingness to enter into the question and seek answers together is really better than knowing it all – for the kids and for us!



As Lent begins on Ash Wednesday (February 17 this year - take home materials available), it is a perfect "excuse" to make a space for your kids to think about God. Lent is a season set aside for considering who God is, who we are, and why we need him. If we are honest with ourselves, the time is marked by repentance and humility. It is a time to consider the cycle of living, dying, and rising as a new creation. It's heavy.

So why is this a good thing to invite kids into?

- Children and teens are spiritual beings, and they have a yearning to connect with God at the exact stage they are at now. It won't be the same way next year - for any of us!
- They are already familiar with or learning about the life/death/rise again cycle, and it is on display in nature during the winter/spring that wraps around the time of Lent.
- Kids can read or have the Bible read to them; we can encourage this together.
- They get to practice saying I'm sorry, and experience forgiveness in the safety of the family.
- Kids learn best alongside us how to look outside of themselves, how to pray for and give to others to show God's love.

What does it look like to lean into Lent in a busy household?

It looks like whatever you can adapt to work for your family! And it doesn't look perfect - our Lenten practices are a reflection of us, and that imperfection is the whole reason we need Lent, Holy Week, and Easter!

- Maybe you take these 4O days to add in some scripture, music and prayer during breakfast or on the drive to school.
- Maybe you set aside a few minutes in the evening to use a Lenten resource like the praygive-share jars that you can pick up here.
- Maybe you have already pinned some ideas. If so, please jump onto the <u>West Hills parents' FB</u> group and share away!
- Maybe you have a Lenten practice you can let them watch and invite them to participate in at their level. Kids can read scripture, pray, fast, and give in ways that are age-appropriate.

There is no wrong way to do it, but there are small, simple ways you can invite your kids into a spiritual journey. Lent is a natural time to make space for people of all ages to ask faith questions and look for answers together in this season.

THREE WORDS FOR KIDS

Did you know that each week on the pre-service slideshow and in the Details section of the online worship, there are three special words for you to listen for during worship. The words can come at any time during worship, so keep your ears tuned for them. You might even want to count how many times you hear them! Ask your parents to send an email to jessica@whcomaha.org if you hear all three words!

CELEBRATING BLACK HISTORY MONTH

The Racial Justice and Reconciliation Task Force would like to take the month of February (Black History Month) to focus on expanding the diversity of our circles.

WEEK ONE: "How Big Is Your Circle?" As we seek to live out our faith, we can become aware that our circle of family, friends, neighbors and co-workers may not be as diverse as it could be. There are certainly blessings from having friendships with folks from many backgrounds. And we can best "love our neighbor" when we know something about them. Join in for a great discussion about how to grow our circles. We will watch a short video from the organization known as Exponential, and then talk about our circles and give each other ideas for expanding them. Email info@whcomaha.org for the Zoom link.

Thursday, February 4, 7:00 to 8:00pm, hosted by Will Scheopner and Kathy Padilla

<u>WEEK TWO:</u> Thanks to all who participated in our "How Big Is Your Circle?" discussion groups! If you would like to view the video on your own or with your own small group, please contact the church and a link to the video and a list of suggested discussion questions will be emailed to you.

This week, we get to eat! We are focusing on a fairly new local restaurant called **Okra African Grill**. You can learn more about the story of this restaurant and its owner, Nina Sodji, an immigrant from the West African nation of Togo. **Okra African Grill** has an extensive menu, including weekly specials. You can order take out, dine in or have your food delivered by their own delivery drivers. They have some really cute swag, too, like reusable cups and masks.

We hope you will have a chance to try this restaurant. If you do, please take a few photos and write down your thoughts about the experience. Send them to **info@whcomaha.org** and perhaps we will put them in the Thursday Thoughts or the newsletter, as space allows!

Website: https://okraafricangrill.com/

Located at 13O3 S 72nd Street Ste 1O1 Omaha, NE

Call #402-884-7500







CELEBRATING BLACK HISTORY MONTH

WEEK THREE: Take a virtual tour of the Great Plains Black History Museum.



Preserving...Celebrating...Educating...

We are privileged to have three virtual tours for West Hills that will be guided by GPBHM Executive Director Eric L. Ewing. The dates and times are:

Tuesday, February 16th, 12:00-1:00 8th grade and above

Wednesday, February 17th, 6:30-7:30 8th grade and above

Saturday, February 20th, 9:30-10:30 3rd grade and above

Mr. Ewing shares this with us as we prepare for out tour: "In observance of Black History Month, join the Great Plains Black History Museum for a 1-hour virtual tour of the Great Plains Black History Museum. The GPBHM was founded in 1976, by Mrs. Bertha Calloway in the historical Webster Building located at 23rd and Lake. The museum is currently located in the historical Jewel Building the former home of the Dreamland Ballroom, 2221 North 24th Street. Our Mission is to preserve, educate, and exhibit the contributions and achievements of African Americans with an emphasis on the Great Plains region. To provide a space to learn, explore, reflect, and remind us of our history. The following exhibits are currently on display at the Museum:

The DePorres Club Hate & Hope 24th & Glory

Black Citizenship in the Age of Jim Crow

The Tuskegee Airmen Who Called Nebraska Home & African Americans Who Served

See more at https://gpblackhistorymuseum.org/

<u>WEEK FOUR:</u> By now, we will be hungry again! This week we feature **Big Mama's Kitchen**, a North Omaha favorite. You can view their menu and hours of operation on the website: www.bigmamaskitchen. com People in the know strongly recommend the fried chicken and the fried catfish!







Once again, if you would take some photos and write your thoughts about the experience, we would love to have you submit them to **info@whcomaha.org**

JUST BE STILL... by Gloria Zinn

It has been a long time since a silent retreat could be scheduled at St. Benedict Center due to the closing of their doors because of Covid. However, according to Linda Springsted, the longtime and faithful coordinator for West Hills Silent Retreats, our first retreat for 2021 will be held on February 19-21. When the late Shirley Nelson started the women's silent retreats at St. Benedict Center many, many years ago, she said her goal was for women of all ages to gather for a weekend to be alone and silent with Jesus. Everyone would have their own room and not be regulated to follow any schedule, except for meals. That format has remained the same. Over the years, hundreds of women have left their everyday lives and traveled to St. Benedict Center to do just that: spend a silent weekend with Jesus. It was a gift they gave to themselves, and a bigger gift they offered to Christ: uninterrupted time with their Creator. During a silent retreat, in the beautiful and simple environment of St. Benedict, there are no expectations and you are told not to put any expectations on yourself, or on Jesus; however a number of women have found, over the years, something at St. Ben's that wasn't in their lives previously, something in their lives that wasn't there when they arrived on Friday night.



A few of these women have agreed to share their experiences, and some have requested to be anonymous, which we respected since their experiences were between them and Jesus.

Beth Nodes shared: "I have always felt an instant peaceful connection when I go to St. Ben's on a silent retreat. I find that the time goes too fast and the silence bridges a deeper connection to God and my journey with Him."

Carol Isaac said: "One of the main things I've learned at the silent retreats is how to meet Jesus

in silence. I've always loved this idea, but I had never put it into practice. Once I started meeting Jesus in silence at the retreats, it seemed to open the way further for the Holy Spirit to work in my life."

Anonymous: "I have gone to several silent retreats, but I will never forget the one I attended in 2009. Like most working mothers and wives, I was overworked, overstressed, and looking for some solace, relaxation, and renewal of my "battery." I was a bit anxious about the retreat. Could I really be guiet for that time period, would it be awkward, should I be taking this time for myself when so many things needed to be done at home? Typical guilt that I imagine a number of women have. However, on this retreat I had a very spiritual experience that really deepened my relationship with God. The time away from all the business of life to just focus on God and be alone with Him was very restorative. However, this time was different. I was wrestling with some tough decisions in my life regarding my job and trying to decide what area God was calling me to serve Him. The more I thought about things the more anxious I was becoming. As I was visiting the stations of the cross in one of the chapels I just cried out loud to God to show me the direction He wanted me to go and what people He wanted me to share His love. I literally heard God's voice in my head and He answered, "I will show you the steps." When I asked, "What direction, what steps?" He said, "Towards me, my child." So when I asked Him to take my hand and lead me, He said, "I already have." I immediately felt such peace come over me. He gave me what I needed that day, which has stayed with me since then, the promise that He would always be with me, guiding me, if I would just stop fighting, be still and follow Him, and that is what I've been doing ever since."

Jane Loeck shared "Silent retreats have helped me to be quiet and still and listen to the voice of God. I've read some wonderful books, journaled and prayed. Silent retreats have taught me how to enjoy solitude and quietness. I always thought of myself as an extrovert, but after attending silent retreats I think I'm more of an ambivert!"

Linda Gadwood said she was "surprised at how much I enjoyed the silent retreats! I always avoided registering because I never thought I could not talk for a weekend. The times I went were amazing. St. Benedictine's is beautiful with good food and plenty of areas where you can

JUST BE STILL..., continued

BEHIND THE SCENES, by Mary Turner

be by yourself. I recommend going on a silent retreat; it's a time to be totally focused on God, be in His Word, and rest in His arms."

Anonymous: "I have gone to a number of silent retreats over the years, and I always feel the same when the car turns into the drive toward the center: total peace and a sense of being home. Sitting in the library with the fireplace on during the winter months, or walking around the large lake with St. Benedict's great hands stretched out in a gesture of welcome, praying in the small, intimate chapel with its hand carved stations of the cross, or sitting inside the large chapel listening to the wind blow outside on the stained glass windows, or just meditating in one of the many quiet areas in and around St. Ben's brings a serenity I never find when I am home. I look forward to attending this silent retreat and returning to those places I have tucked away in my heart. It will be a "mini" vacation away from all the stress and concerns for a world turned upside-down, and an opportunity to spend a silent weekend with Jesus."

Linda Lavely said she has attended a number of silent retreats, making attending a "priority. I cherish the peacefulness of no outside influences like emails, phone calls or news of the day. When at St. Ben's, my only time restraints are enjoying the flavorful meals and absorbing new thoughts during the optional meditations. lournaling. praying, and reading a Christian book tied to our retreat topic or studying my Bible help center me and direct my reflections and meditations. Soaking up the absolute quiet and observing nature lets me be surrounded by God's creation. During our Sunday closing and optional sharing, I am very aware of God's holy presence in the circle of my Christian sisters. Humbled, refreshed and strengthened, my soul feels full of hope."

You'll recall after Paul's conversion he didn't immediately go to Jerusalem and meet with Jesus' disciples. In Galations 1:17 we are told he withdrew into the wilderness of Arabia for some time. God may not be encouraging you to flee the country to be with Him, but perhaps to St. Benedict Center outside of Schuyler, Nebr. for a weekend. Thomas Brooks has written: "The more any man loves Christ, the more he delights to be with Christ alone." West Hills offers you the opportunity to strengthen your faith and spend time with the most important person in your life. He is waiting for you.

Deacon of Practical Needs



With the onset of the pandemic, this past year has been nothing short of unusual. Many facets of life have been impacted. including the **Practical Needs Ministry** at West Church. Hills With

the restrictions of hospital visitors and church gatherings the majority of 2O2O, our ministry has been, well..."behind the scenes." If you were hospitalized or were unable to leave your place of residence, you were not forgotten! Although we were unable to utilize our hospital visitor volunteers or serve homebound communion, you were still in our prayers. We have many amazing prayer warriors at West Hills Church, and you can be assured your needs were prayed over by many dedicated members, including the Deacons of Practical Needs. We are hopeful you felt the presence of prayer this past year when face-to-face visits were restricted.

Our casserole ministry was also impacted; however, we have launched a new twist to delivering meals to those in need. We have begun utilizing Meal Train, an online sign-up service which allows all members the opportunity to provide a fresh meal to those who have been hospitalized, added a new baby to the family, or who have a different need for this area of ministry. Meal Train sign-ups will be listed in "Thursday Thoughts." Anyone can volunteer and we thank you in advance for your consideration.

Last but not least, we are hopeful life will slowly begin to "normalize" during the course of this new year. If and when that occurs, we look forward to resuming hospital visitation, baby ministry, homebound communion, and transportation to/from church on Sunday for our members in need. If you feel God calling you to volunteer in any of these capacities, please contact Heather Hipp and she will get your information into the right hands. Training is available for all areas of volunteer work, and we will be arranging new training classes as the need arises. Until then, sit tight, stay healthy, and be assured your Practical Needs Deacons will continue to care for you "behind the scenes."

406 LEADERSHIP TEAM BIOS, by Luke Burns, Youth & Young Adult Cord.

This fall in our 406 Youth Ministry, we have implemented a Youth Leadership Team that has been working hard behind the scenes serving in a variety of ways. We would like to officially introduce the congregation to our five youth leaders! During the summer, these youth sent in applications for the position they were interested in, and even went through an interview process. We have five unique leadership positions and wonderful youth who have been nothing but exceptional in fulfilling their leadership roles.

Juliana Scheopner is serving our 406 Youth Ministry as the Social Media Manager. Her primary duties are posting to our Instagram account in a modern, fun, and inviting way. She often makes the graphics you see on our Instagram and also brings fresh ideas to increase our engagement. She is organized, creative, and helps keep everyone informed of our big upcoming events. Juliana's interests include competitive speech and debate, reading, and beating her younger brother Jay at everything he does:-) Juliana loves God and it shows in her words and actions each and every day.

Jonathan Scheopner is serving our 406 Youth Ministry as the Music Maestro. His primary duties are outreach to potential youth who wish to join the band, providing sheet music, organizing rehearsal times, and executing creative worship elements that focus our hearts on Christ. Jay has a deep passion for music of all kinds including contemporary worship music and modern popular music. He is most famous for his interest in fashion, his taste for vinyl records, his fascination with Taylor Swift's music, his ability to play multiple instruments and sing, and his willingness to jump in and help whenever he can. Oh, and let me not forget his love for the musical Hamilton. Jay's desire for music matches his desire to see other youth come to know the love of Christ!

Taylor Schommer is serving our 406 Youth Ministry as the Game Guru. Her primary duties include planning games for each youth group, organizing big events and coming up with the prizes to be awarded! Taylor and Kathleen Hamer planned two amazing events so far including "Handcuffed Turkeys" and our "2020 Youth Christmas Party." Handcuffed Turkeys was a fun game played outside at the church were

the youth had to go on a scavenger hunt while handcuffed. The ultimate goal was to find the clues that led to the key so you could unlock your cuffs. The 2O2O Christmas party was also a huge success where twelve youth gathered together for an evening of games, fellowship, and prizes! Taylor's interests include softball, creating fun and exciting games, listening to great music, and watching the Office on t.v. Taylor is also part of the confirmation class at West Hills and is doing a great job!

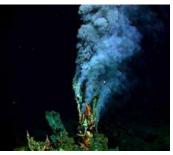
Kathleen Hamer is serving our 406 Youth Ministry as the Administrative Assistant. Her primary duties include organizing big events, collaborating with Taylor for games, organizing the business side of the 406 Leadership Team, and (when it's safe) will help Luke in the office organizing paperwork. Kathleen has top notch organizational skills and puts them to great use as the Administrative Assistant. Kathleen's interests include calendaring events, being organized, keeping in touch with friends, hanging with her awesome dog Moxie, and the musical Hamilton. Kathleen is also in the confirmation class this year and always asks the best questions!

lan Meyers is serving our 406 Youth Ministry as the Media Master. His primary duties include running and operating the sound board, running the computer for song lyrics and videos, vision casting for future youth tech upgrades, and even handling some technology on Sunday mornings. Ian is always ready to help whenever and however he can. Ian has been working with Luke on technology for the past four years and it has been a joy the entire time. Ian's interests include hunting, fishing, being outdoors, and history of all kinds and time periods. Ian's love for God is evident in everything he does!

We hope each member of our congregation will have a chance to meet our amazing youth leadership team. I know the hard work they are putting in to not only bless the 406 Youth Ministry but also the congregation at large. Great work 406 Leadership Team! I look forward to seeing what God has in store for us in 2021!

SCIENCE AND THE BIBLE

The Book of Job and Springs of the Sea



Charles Burckhalter from the Chabot Observatory made this observation: "The study of the Book of Job and its comparison with the latest scientific discoveries has brought me to the matured conviction that

the Bible is an inspired book and written by the One who made the stars."

Let's take a look at one of those scientific scriptures from the book of Job. At a time when Job was questioning God's reasoning, God reminded Job that only God is omniscient (all knowing) and reminded him of the wonder of God's creation. One of those reminders is in Job 38:16 "Have you journeyed to the springs of the sea or walked in the recesses of the deep?" Modern deep-seadiving cameras have discovered amazing hotwater vents on the floor of the oceans – "the springs of the sea." These thermal vents release huge amounts of mineral-rich, super heated water – "springs in the darkness."

The discovery of ocean springs ranks as one of the foremost scientific accomplishments of the last several years. Let us remember, however, that their existence was known thousands of years ago. Surely, God spoke through men by means of His Holy Spirit.

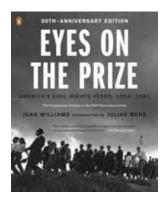
Comfort, R 2001 Scientific Facts in the Bible: 100 Reasons to Believe the Bible Is Supernatural in Origin, Bridge-Logos Publishers

HAVE YOU HEARD OF PICKLEBALL?

Want a fun way to beat the winter blues? Learn how to play the fastest growing sport in the U.S. - Pickleball. Pickleball is a cross between tennis and ping pong. It's easy to learn and it's a good game for all ages to play. We now have a court set up in the gym that is waiting for you to take for a spin. If you're interested in trying it out, please contact the West Hills official Pickleball Ambassador - Kevin Gibson (kevin@whcomaha. org or 816.517.8270).

BOOK REVIEW

Eyes on the Prize: America's Civil Rights Years 1954-1965 by Juan Williams



The book "Eyes on the Prize: America's Civil Rights Years 1954-1965" by Juan Williams, has been donated to the Soul Cafe in honor of Black History month.

This book is an overview representing the people, places and times that changed the American landscape forever.

The reader is led through eleven years of history which include school desegregation, Emmett Till's murder in Mississippi, the Montgomery Bus Boycott and other pivotal times in the civil rights movement.

This glimpse of the civil rights movement covers well known leaders such as Martin Luther King, Jr. and lesser known participants like Barbara Rose Johns and Jim Zwerg.

At the conclusion of each chapter are interviews with clergy, politicians and other eyewitnesses to history, who were there and reminisce about their participation on "that occasion" and throughout the movement.

The New York Times Book Review wrote this book "...is a fascinating, fast moving overview... Even those who participated will find in this book reminders of the civil rights movement's incredible human and political complexity, of the stops and starts that belie the neat continuum that hindsight can sometimes create."

Author Juan William's is a Panamanian-American journalist and political analyst for Fox News Channel and is a contributing reporter for The Washington Post, the New York Times and the Wall Street Journal.

suggested by Debbie Chadwick



3O15 S 82 Avenue Omaha, Nebraska 68124 4O2-391-8788 whcomaha.org

RETURN SERVICE REQUESTED



FEBRUARY

1-Linda Lavely
Kayla Wohlgemuth
2-Sheryl Overby
3-Daryl Greger
4-Suzanne Kuhn
5-Katie Northouse
Brecken Aspegren
Dreya Aspegren
6-Steve Dostal
7-Calvin O'Hare
Brett Curran
7-Dee Buckley

8-Ray Huck
Grace Nodes
11-Ranee Yetts
Terry Bloes
12-Duane Eckhoff
13-Blane Langfeldt
16-Carol Isaac
17-Bridget Backer
18-Wilma Hoeven
Sherry Dickey
20-Susan Bailey
Jerry Allen

21-Angie Arner
23-Marcia O'Donovan
Cathy Voshell
Kora Kopperud
25-Bob Drake
Amee Thedens
Jackie Harned
Colton Stoffel
26-Zy Dozier
27-Dick Frandeen
Ruby Sauer
28-Carl Brady

MARCH

5-Jan Richardson
Chelsea Grossoehme
6-Cammy Bridgman
7-Rick Wollen
8-Jane Loeck
John Good Sr.
9-Johnny Dunn
10-Tim Briggs
The complete list of March
birthdays will be in the March
newsletter.

1-Dwight Rickard