FAITH @ HOME WEEK OF OCTOBER 4, 2020

Some ideas for continuing to think about "Who's Afraid?" through week

We hope you will enjoy connecting with God and others around the ideas from Psalm 27:1-6 and 1 Thessalonians 5:8-10, 14-23 this week. People of all ages experience and can talk about fear and love. Enjoy exploring these topics, and the need to courageously and confidently step forward into God's work in His power and His protection.

<u>Parents with littles</u> – if you just need one or two ideas, the don't-miss ideas for young children are in green. Many of these are scalable for older and younger audiences by adjusting the language.

Black font is an all-play for children, teens, and adults.

Enjoy this week's Spotify Playlist, "Who's Afraid" https://open.spotify.com/playlist/5IsRstgBzwP1WqH4AmJo7d?si=onWqzR1RoqLsKfs7dOnFg

Whom Shall I Fear?

Re-read Psalm 27:1. You may want to try some different translations.

- Play Peek-a-boo. When the blanket is over their heads, say "Baby's name is in the dark." When you/they take the blanket off, say "Peek-a-boo! God is ____'s Light! He chases away the darkness!"
- > Sit in a darkened room or blanket fort with flashlights, glow sticks, or small LED candles. Say to your young child (and help them to repeat with you): God is our light. Don't be afraid! God chases away the darkness.
- Five your child a glow stick/flashlight/LED candle, and let them point or carry it to the darkest places in the room or fort as they say "God is our light! He makes all darkness go away!
- Put sticky notes on several light sources in a room of your house (light switch, lamp, light bulb, flashlight, window to a sunshiny window), candle, oven light...) Let your child walk around the room and find things that give light. Let them try out how these light sources work (open blinds/turn light switches...). Give them some sticky notes and let them put them on the ones you "missed" so they can lead and teach you about some light sources.
- Sing and do hand motions with "This Little Light of Mine."
- *Talk about how when we love God, he uses us to shine His love light to other people. Make a list of how we can do that. See how many things on the list you can do within a time period of your choosing.
- > Enjoy "This Little Light of Mine" project from the spring 2020 WHC Kids Connect group.
- ? What is the darkest place you have ever physically experienced?
- ? What are some examples of physical sources of light?
- ? What is a metaphorical (spiritual or emotional) dark place you have experienced?
- ? What kinds of light have you experienced in an emotional or spiritual dark place?

Crazy times? Trust God.

Re-read Psalm 27:2-6. You may want to try some different translations.

- ? Share a time when it felt like you were under siege.
- ? What weapons was/is the enemy using in the siege you described? (Hint: remember that the enemy is not a person or group of people)
- Look up a picture of a castle under siege.
 - ? What is the purpose of a castle wall?
 - ? What are the similarities and differences between a castle's fortifications and God's shelter of us?
- Art prompt: Draw or paint a picture of a siege and the protective structure.
- Think of someone who is going through a hard time and write or draw their names on paper. Put these slips of paper into an opaque paper bag or box, noticing that it is dark in the box. Break some glow sticks to put in or add a lit flashlight or LED tea light to the container as you pray for God to shine His light to each person and situation.

There's Kingdom work to do here!

Reread 1 Thessalonians 5:8-10 and 14-23. You may want to try some different translations.

- ? Compare the idea of a castle under siege (Psalm 27) to verse 8. What do these have in common? How are they different?
- ? What is the opposite of fear? Courage? Love?
- ? How are these related?
- ? What is the source of each of these?
- *If you made a list of ways you can shine God's love light to people, did you include any of the ideas from verses 14-24? In what practical ways can you add these to your list?
- ➤ If you haven't yet assembled a Luke 4:16-19 popsicle stick jar from the <u>Family Ministry Moment on 9/20</u> (begins at 11:46), you could do that now. Consider adding this scripture passage to the jar. Email jessica@whcomaha.org if you need supplies or directions for this project.
- Would you like to be part of an intergenerational group that serves together? **Fifth Sunday Serve** is a group that is forming to give opportunities for people of all ages to come together to shine the light of God's love as we join in HIS mission. Email info@whcomaha.org to receive more information or to express interest in being part of **Fifth Sunday Serve**.